

# Are you an Alcoholic?

Ask yourself the following questions and answer them as honestly as you can.

	YES	NO		YES	NO
1. Do you lose time from work due to drinking?	<input type="checkbox"/>	<input type="checkbox"/>	11. Do you want a drink the next morning?	<input type="checkbox"/>	<input type="checkbox"/>
2. Is drinking making your home life unhappy?	<input type="checkbox"/>	<input type="checkbox"/>	12. Does drinking cause you to have difficulty in sleeping?	<input type="checkbox"/>	<input type="checkbox"/>
3. Do you drink because you are shy with other people?	<input type="checkbox"/>	<input type="checkbox"/>	13. Has your efficiency decreased since drinking?	<input type="checkbox"/>	<input type="checkbox"/>
4. Is drinking affecting your reputation?	<input type="checkbox"/>	<input type="checkbox"/>	14. Is drinking jeopardizing your job or business?	<input type="checkbox"/>	<input type="checkbox"/>
5. Have you ever felt remorse after drinking?	<input type="checkbox"/>	<input type="checkbox"/>	15. Do you drink to escape from worries or trouble?	<input type="checkbox"/>	<input type="checkbox"/>
6. Have you gotten into financial difficulties as a result of drinking?	<input type="checkbox"/>	<input type="checkbox"/>	16. Do you drink alone?	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you turn to lower companions and an inferior environment when drinking?	<input type="checkbox"/>	<input type="checkbox"/>	17. Have you ever had a complete loss of memory as a result of drinking?	<input type="checkbox"/>	<input type="checkbox"/>
8. Does your drinking make you careless of your family's welfare?	<input type="checkbox"/>	<input type="checkbox"/>	18. Has your physician ever treated you for drinking?	<input type="checkbox"/>	<input type="checkbox"/>
9. Has your ambition decreased since drinking?	<input type="checkbox"/>	<input type="checkbox"/>	19. Do you drink to build up your self-confidence?	<input type="checkbox"/>	<input type="checkbox"/>
10. Do you crave a drink at a definite time daily?	<input type="checkbox"/>	<input type="checkbox"/>	20. Have you ever been to a hospital or institution on account of drinking?	<input type="checkbox"/>	<input type="checkbox"/>

If you have answered YES to any one of the questions, there is a definite warning that you may be an alcoholic.

If you answered YES to any two, the chances are that you are an alcoholic.

If you answered YES to three or more, you are definitely an alcoholic.

The above Test Questions are used by Johns Hopkins University Hospital, Baltimore, MD., in deciding whether or not a patient is an alcoholic.



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# 20 Questions



**Santa Clarita  
Central Office of  
Alcoholics Anonymous**