

# September IGR Meeting Minutes

Recorded by Katy B.

## Monday, September 22nd, 2025

- Meeting called to order: 7:06 by Judy F.
- Opening prayer: Serenity Prayer (all)
- Statement of purpose: Judy F.
- Motion to accept August 2025 Minutes made by Leslie M. and seconded by Kathy B. held for vote. Passed by all.

## Attendance: 8

- Judy F., Bobby B., Kathy B., Patty G., Susie R., John C., Leslie M., Barbra W.

## Chairpersons Report – Doug W.

- Absent
- Upcoming Literature Share: October: Jenny M., November: Ida B.

## September Literature Share – Kathy B.

- Kathy B. chose to share on the pamphlet "The A.A. Member – Medications & Other Drugs." The pamphlet begins by stating a group of physicians who are members of AA, and two who are friends of AA to review the pamphlet. The literature discusses AA members taking prescribed medication, the necessity for medical issues and the risks of AA members relapsing. Eight suggestions are made to reduce the risks of relapsing when taking medications. The pamphlet emphasizes we are not Physicians and do not have an opinion on this. Physicians must be aware their patient is in AA and medications should be weighed on medical necessity and evaluate risks. There are eight AA stories of members who need to take medication. All eight are under medical care and receives a negative suggestion from some AA members like "Throw away the pills or nothing from the neck down." Never mind the physical condition. Many of these stories show the AA member becomes emotionally stressed. One member who is taking medication for Celiac disease states, "I received the negative advice which was ethically irresponsible and dangerous." The point of this pamphlet is we do not give advice, instead leave between the Doctor and the patient

## Treasurers Report – Judy F.

- August Central Office was in the red \$2,877.14. Central office operating expenses per month are \$2,200.00.

## Office Manager – Judy F.

- Central office has Book 1 & 2 The Next Frontier–Emotional Sobriety for \$17.00
- Your IGR and Central Office has a list of Grapevine Books for \$3.00. Interested please ask for the list.
- Use QR code to scan for Central Office Newsletter on Flyer or Website.

- A reminder CO has a group Secretaries handbook which is available. The handbook contains general information to assist the secretaries with their positions and much more.

## Public Information – Patty G.

- No Report

## Outreach – Open

- None

## Old Business – Doug W.

- None

## Website – Doug W.

- Absent

## Announcements

- SCV AA Convention registration remains open. The Al-anon Luncheon, Banquet, and Spiritual breakfast are for sale until October 10th. See convention website for tickets. [aascvconvention.org](http://aascvconvention.org)

## New Business – Judy F.

- None

## Birthdays

- None

Meeting ended at 8:18 PM with the "I am responsible."